

Soul Health

And they heard the sound of the Lord God walking in the garden in the cool of the day, and the man and his wife hid themselves from the presence of the Lord God among the trees of the garden. But the Lord God called to the man and said to him, "Where are you?"

Genesis 3:8-9 (ESV)

Questions that Evaluate Our Walk With God

1. Is there a gnawing sense, sometimes vaguely, other times urgent, that something is missing in my life.
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2. What subliminal messages am I getting?
3. Is there anyone I feel resentment towards? Are there any signs of unforgiveness in my spirit?
4. Am I working out my salvation with fear and trembling understanding what is at stake?
5. What does the use of my average day tell me about kingdom priorities in my life? Is there good evidence that the kingdom is first with me?
6. Am I allowing any crossing of the lines in areas my conscience tells me is displeasing to God?
7. Am I blaming others for things I can change?
8. What changes can I make that are measureable to draw closer to God this year?
9. Am I a "loner," Christian?
10. Have I learned that there is strength to be gained when I become vulnerable with others who are seeking God?
11. If my family follows my example will they walk close to God?
12. What am I doing that I know God is blessing in my present life?
13. Do I feel like my life is full of activity but I often feel that I'm not sure how much of it counts in God's eyes?
14. Do questions like these make me feel uneasy inside? Restless? Irritable?